



If you have patients with COPD or CHF,
especially those recently diagnosed
or discharged from hospital...

The Chronic Disease Management (CDM) Hub can help.

By referring to the CDM Hub, your patients gain access to:

Clinical support provided by a team that includes a Registered Nurse,
Nurse Practitioner, and Social Worker.

Services may include:

- Comprehensive clinical management such as medication optimization, diagnostic test ordering, and inhaler-use coaching.
- Education, counselling, and coaching to support behaviour change and chronic disease management (COPD, CHF), including nutrition guidance, smoking-cessation strategies, and referrals to exercise or rehabilitation programs.
- Care coordination through personalized care plans, follow-ups, and referrals to community resources that address daily living, recreation, food, and housing needs.
- Social and system navigation support, including access to income or housing services, and drug coverage advocacy.

Please note we do not accept patients with acute exacerbation or who require rapid-response care. The clinic is by appointment-only.

You remain the primary care provider, and our team will share updates to support your care planning.

Clinic Location:

Flemingdon Health Centre,
Fairview Site
(5 Fairview Mall Drive, North York,
ON M2J 2Z1)
Tuesdays and Fridays 9am - 4pm

Referral is easy:

- Fax a completed referral form to us at 1-833-665-5140
OR
- Have your patient fill out a self-referral form at www.northyorkcdmhub.ca

Questions? Phone: (437) 562-3847 Email: CDMHub@nygh.on.ca



Scan the QR code for more information or visit www.nythp-pcn.ca/supports-for-chronic-disease-patients